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Stoddard of Glen Falls, N. Y. (with maps; price 25 c.), which contains details of routes, outfit, and supplies.

a. From Plattsburg to St. Regis, Tupper, Saranac, and Placid Lakes.

83 M. CHATEAUGAY RAILROAD to (73 M.) *Saranac Lake* in $3\frac{1}{2}$ -4 hrs (fare \$3; from New York \$8.80); thence to (10 M.) *Lake Placid* in $\frac{1}{2}$ hr (fare \$1; from New York \$9.80).

Plattsburg, see p. 159. The train passes the *U. S. Barracks* (p. 159) and runs to the W. through the valley of the *Saranac*. It crosses the river before and after (12 M.) *Cadyville* and then ascends to the right, leaving the river. Beyond (17 M.) *Dannemora* (1810 ft.), with *Clinton Prison*, we make a wide sweep to the left, round *Johnson Mt.* To the left is *Lyon Mt.* (3810 ft.). — 28 M. *Chazy Lake* (1500 ft.; *Chazy Lake Ho.*, \$ $2\frac{1}{2}$ -4; steamboat from station 50 c.), at the S. end of *Chazy Lake* (4 M. long, 1 M. wide; trout-fishing).

From (34 M.) *Lyon Mountain*, an iron-mining village, coaches run to ($3\frac{1}{2}$ M.) *Ralph's* (\$3 a day; fare 75 c.) and to the ($4\frac{1}{4}$ M.) *Chateaugay Hotel* (\$3) and *Merrill's* (\$2- $2\frac{1}{2}$; fare 75 c.), on the E. side of *Upper Chateaugay Lake* (4 M. by 1 M.). A small steamer plies on the *Chateaugay Lakes* and a coach runs from the N. end of the *Lower Lake* ($3\frac{1}{2}$ M. \times $\frac{3}{4}$ M.) to (6 M.) *Chateaugay Station*, on the *Ogdensburg and Lake Champlain R.R.* — The railway now bends to the S. (left), affording a good view of *Chateaugay Lake* to the right. 54 M. *Loon Lake Station*, at the N. end of *Loon Lake* (2 M. long), connects by stage (75 c.) with ($2\frac{1}{2}$ M.) *Loon Lake House* (\$4-5), at the S. end. To the right are *Loon Lake Mt.* and *Long Pond*. At this point our line runs parallel with the *Adirondacks Division* of the *N. Y. C. & H. R. R.* (see p. 197). — At (61 M.) *Rainbow* we see *Rainbow Lake* (p. 197) to the right. — 66 M. *Bloomington* is the station for *Paul Smith's*, 7 M. to the W. (sandy, uninteresting road; stage \$1; see below). — 73 M. *Saranac Lake* (see p. 186). — We now follow the tracks of the *Saranac & Lake Placid R. R.*, opened in 1893. — 77 M. *Ames Mills*; 78 M. *Ray Brook* (Hotel, \$3); 82 M. *Lyons*. — 83 M. *Lake Placid* (see p. 189). The station lies about 1 M. from the S. end of the lake (carr. fare to most of the hotels 25 c.; trunk 25 c.)

The *St. Regis Lake House*, known as *Paul* (properly *Apollos*) *Smith's*, a hotel (500 beds; \$4-5 a day, \$21-30 a week) on the N. bank of the *Lower St. Regis Lake* (1620 ft.; 2 M. \times 1 M.), is one of the most fashionable resorts in the district and may be made the starting-point for a guide-boat tour of the N. Adirondack lakes. It is only $\frac{1}{4}$ M. from *Paul Smith's* on the *Adirondack & St. Lawrence Division* of the *N. Y. C. & H. R. R.* (see p. 197). Both the *St. Regis Lakes* are surrounded by numerous camps, and good fishing and shooting are obtained in the neighbourhood. Near *Paul Smith's* is a large *Sanitarium*, managed by *Sisters of Mercy*.

The following *ROUND TRIP is frequently made from Paul Smith's, and affords an excellent idea both of the attractions of the Adirondacks and of the ordinary methods of travelling.

The circuit is about 40-45 M., and 3 days should be allowed for it, though more may profitably be spent, especially if any digressions are made. Those who make the round trip quickly should engage their guide and boats for the whole journey; others may hire from place to place (comp. p. 184). The guides should be expressly instructed to go by the distinctly preferable 'Seven Carry Route', as otherwise they will select the 'Big Clear Route', on which two horse-carries (\$1 and \$1½) save them some work and add to the tourist's expenses. If desired, heavy baggage may be sent to Saranac Village by railway.

Leaving Paul Smith's, we cross the *Lower St. Regis Lake* by boat (½ M.); row to (¾ M.) *Spitfire Pond*; cross this pond (½ M.), and row to the (½ M.) *Upper St. Regis Lake* (1625 ft.), which we cross to (2 M.) its S. end. To the W. rises *St. Regis Mt.* (2890 ft.).

Here begins the carry to (1½ M.; fee for horse \$1) *Clear Lake* ('*Big Clear*'), a pretty little lake, well stocked with fish, on the N. bank of which stands the *Lake Clear Hotel* (\$3; well spoken of). *Clear Lake* is 2 M. long, and a carry of 4 M. leads from its S. end to *Saranac Inn* (horse for boat \$1½; seat in a carriage 50 c.).

On the Seven Carry Route we traverse six short carries and six small ponds and reach (3 M.) *Little Clear Pond*, which is 1 M. long and 2 M. from Saranac Inn (9 M. from Paul Smith's). In either case we cross the Adirondack & St. Lawrence Division of the N. Y. C. & H. R. R.

***Saranac Inn** (\$4; telegraph-office) lies at the N. end of Upper Saranac Lake, 1¾ M. from *Saranac Inn Station* on the Adirondack and St. Lawrence R. R. (see p. 197).

***Upper Saranac Lake** (1575 ft.), 7½ M. long and ½-3 M. wide, is one of the largest sheets of water in the district. It is dotted with islands and surrounded by thickly wooded and hilly banks. Good fishing and shooting. Small steamers ply on the lake (fare 75 c., round-trip \$1), calling at the *Sweeny Carry* (*Wawbeek Lodge*, \$4, with tel. office), on the W. bank, *Indian Carry* (*Rustic Lodge*, \$2½), at the S. end, and *Bartlett's* or the *Saranac Club*, on the E. side.

Wawbeek Lodge is 8 M. to the E. (stage \$1½) of *Tupper Lake Village*, on the N. Adirondack R. R. (see p. 197). — The *Sweeny Carry* (3 M.; horse for boat \$2, seat in buckboard 50-75 c.) leads to *Raquette River* (*Tromblee's Inn*, \$2), which may be ascended, with the help of a horse-carry (\$1¼, seat in carr. 50 c.) round the *Raquette Falls* (*Raquette Falls Hotel*, \$2½), to (ca. 20 M.) the N. end of *Long Lake* (p. 196). Or we may descend the river to (11 M.) *Tupper Lake* (p. 197).

Indian Carry crosses to (1 M.) the *Stony Creek Ponds* (1640 ft.; *Hiawatha Hotel*, \$2½) and to (3 M.) *Axton*, on the *Raquette River* (about 8 M. from *Tromblee's*).

A short carry from the landing for *Bartlett's* (¼ M.; horse, unnecessary, 50 c.) leads to the stream flowing into the (½ M.) *Middle Saranac Lake*, more often called *Round Lake* (1545 ft.), a nearly circular sheet of water, 2½ M. in diameter. This little lake is sometimes lashed by violent squalls coming down from the hills,

and it is advisable to keep an eye on the weather. To the S.E. rises *Ampersand Mt.* (3430 ft.; *View), the trail to the top of which (ca. $2\frac{1}{2}$ M.) leads through the woods and is not easy to follow without a guide. At the N.E. corner of Round Lake we enter its pretty outlet, descending to ($2\frac{1}{2}$ M.) the lower lake and passing about halfway a series of rapids, where a short carry is necessary.

***Lower Saranac Lake** (1540 ft.), 5 M. long and $\frac{3}{4}$ - $1\frac{1}{4}$ M. wide, is one of the prettiest of the Adirondack lakes, surrounded by wooded hills and thickly sprinkled with islands, said to number fifty-two. Near the lower (N.E.) end of the lake lies **Saranac Lake Village**, with the station of the Chateaugay R. R. (p. 185), and one of the chief centres of the district for hotels, guides, and outfits.

The ***Ampersand Hotel** (\$ 4-7) is pleasantly situated on high ground on the N. bank of the lake and is adjoined by golf-links. The **Algonquin** (\$ 3-4) lies on the S. shore of the lake (omn. from station 50 c.). The *Del Monte* (\$ 3-4) is 1 M. to the N., the *Edgewood Inn* (\$ 2-3) 1 M. to the W. of the village. The ***Berkeley** (\$ $2\frac{1}{2}$ -4) is the chief hotel in the village itself. The **Adirondack Sanitarium** (for consumptives) lies 1 M. to the N.E. — *H. H. Mner*, taxidermist, near the Saranac Lake House, has excellent stuffed specimens of the fauna of the Adirondacks.

Saranac Lake is 10 M. by road (railway, see p. 185) from *Lake Placid* (see p. 189). The road turns to the right in the village, $1\frac{1}{2}$ M. from the lake, and passes ($2\frac{1}{2}$ M.) the *Ray Brook House* (p. 185). At (3 M.) the fork the left branch leads to (3 M.) *Lake Placid*, the right to (5 M.) *North Elba* (p. 189).

We may now return to Paul Smith's by railway (see p. 197).

b. From Port Kent to Ausable Chasm and Lake Placid.

Port Kent lies on the W. shore of *Lake Champlain* (see p. 204), nearly opposite *Burlington* (p. 127; steamer), and within $8\frac{1}{2}$ hrs. by railway of New York (comp. R. 20b; fare \$ 7.60).

A short branch-railway runs in 20 min. from Port Kent to ($2\frac{1}{2}$ M.) **Ausable Chasm** (*Ausable Chasm Hotel, finely situated, \$ 4) and to (6 M.) *Keeseville*.

The ****Ausable Chasm** is, perhaps, the most wonderful piece of rock-formation to the E. of the Rockies, and should not be omitted by any traveller who comes within a reasonable distance of it. The *Ausable River*, a large and rapid stream, here flows through a rocky gorge only 20-40 ft. wide, between perpendicular walls of Potsdam sandstone, 100-175 ft. high. Waterfalls and rapids add to the attractions. A visit to the chasm has been facilitated by paths and bridges; and the boat-ride through the rapids affords a novel and exciting but perfectly safe experience. Numerous interesting fossils (*lingula antiqua*, *trilobites*) have been found here.

The ENTRANCE to the chasm (adm. 75 c., boat-ride 50 c.) is a little to the N. of the **Trestle Bridge*, a few minutes from the Ausable Chasm Hotel. At the head of the chasm (to the left) are the **Rainbow* or *Birmingham Falls*, 70 ft. high, while near the point where we enter are the lower *Horse-shoe Falls*. Following the path to the right over the ledges (smooth as if made artificially), we round the *Elbow*, beyond which, across the